

# **Minutes**

## **FREMONT SENIOR CITIZENS COMMISSION**

### **REGULAR MEETING**

**Friday, April 17, 2015**

**9:30 – 11:00 am**

**Fremont Senior Center – Wing A**

**40086 Paseo Padre Parkway**

**Fremont CA 94538**

#### **1. CALL TO ORDER**

- Commissioner Churchill, Chair - called the meeting to order at 9:30 am.

#### **2. ROLL CALL**

Present: Commissioners Berndt, Churchill, Desai, Hobbs, Helton,  
Mirchandani, Rhodes-Jones, Thomas, Walsh, Yamasaki

Absent: Commissioners Kimberlin and Vaidya

Excused:

#### **3. SALUTE TO THE FLAG**

The salute to the flag was led by Commissioner Rhodes-Jones

#### **4. APPROVAL OF MINUTES** of the Regular Meeting of March 20, 2015

- Commissioner Rhodes-Jones made a motion to accept the minutes from the March 20, 2015 meeting as presented. Commissioner Hobbs seconded the motion.

**Yay:** Commissioners Berndt, Churchill, Desai, Hobbs, Helton, Mirchandani, Rhodes-Jones, Thomas, Walsh

***M/S/P***

#### **5. ORAL COMMUNICATIONS**

- Mr. Tim Gunther, ACWD Board addressed the commission and answered a number of concerns from the commissioners.
- Commissioner Churchill expressed her thanks for Mr. Gunther taking the time to come and speak with the commissioners.

- Mr. Gunther said he would ask the ACWD General Manager in contact with Karen Grimsich and Commissioner Churchill to update the commission on any new developments.

## **6. WRITTEN COMMUNICATIONS**

- Senior Update
  - Karen pointed out the State Senior Advocacy Day is scheduled for May 6.
- Letter of response from ACWD

## **7. OLD BUSINESS**

### **7.1 City of Fremont Social Service Grant Site Visits – Leticia Leyva, Human Services Management Analyst**

Ms. Leyva presented and reviewed the final mid-year evaluation scores.

The question of Tri-City Health's score being so low was raised. Karen G. (as the staff person that oversaw that evaluation) addressed why the score was low, that included the project not meeting their service goals and missing some documentation.

Lettie thanked the commissioners for their service in this area and told them that she will be back again in October to start the process for FY2016/17 and 2017/18.

There was a time for Q & A.

- **Commissioner Helton made a motion that** all four current Senior Service Grant agencies be re-funded for FY 2015-2016, with an approximate 1.5% increase in funding, as recommended by staff in this report. Commissioner Yamasaki seconded the motion.

Yays: Commissioners Berndt, Desai, Rhodes-Jones, Thomas, Churchill, Hobbs, Helton, Yamasaki, Mirchandani & Walsh

Nays: Commissioner Churchill

***M/S/P***

**Enclosure:** Copies of agency evaluations

## **8. NEW BUSINESS**

### **8.1 Review Mission Statement - Karen Grimsich, Administrator AFS**

- Karen Grimsich reviewed Article 10 of the City Ordinance that relates to the Senior Commission.
- Commissioner Yamasaki suggested that we should review Article 10 yearly. It was decided that this will be part of the January meeting along with elections, voting on meeting dates and reviewing Action Areas.

## **9. COMMISSION REPORTS**

### **9.1 Area on Aging – Commissioner Desai**

- Commissioner Desai shared that he attended his first meeting this last Monday.
- He shared that the Area on Aging is divided into various sub-committees and soon he will be joining one of these committees.

### **9.2 Health Issues – Commissioner Helton**

- Commissioner Helton shared how boredom and isolation can be a cause of depression. Staying active is very important – especially in the senior years.
- She shared that one way to help seniors is to encourage them to volunteer. It helps them stay busy and they are contributing to the community.

### **9.3 Senior Legislation – Commissioners Thomas**

- Commissioner Thomas suggested that the commissioners consider going to the event in Sacramento on May 6.

### **9.4 Tri-City Elder Coalition – Commissioner Desai**

- Commissioner Desai shared that plans are being started for Seniors Night Out 2015.

## **10. COMMISSION REFERRALS**

None

## **11. STAFF REPORTS**

### **11.1 Aging and Family Services – Karen Grimsich, Administrator AFS**

- Karen shared that the Board of Supervisor has asked counties to come up with an Older Adult Plan. Karen is working on the team that will be working on a survey to pass out to seniors for a needs assessment. She asked for ideas for questions from the commission.

### **11.2 Senior Center – Linda Olla, Senior Center Manager**

- Linda shared that the Center is in the process of getting ready for the renovation of the building. Linda explained what the renovations will entail. Construction is slated to start in June.
- A hand out that describes trips for the year.
- The flyer for the Volunteer Lunch was distributed.

## **Adjournment**

There being no further business, the meeting was adjourned at 11:08 am

Respectfully submitted by Lynn R Hood, Recording Secretary